

TEAM RANDORI MARTIAL ARTS TRAINING SCHEDULE



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30-7:30		Adult BJJ All Levels		Adult BJJ All Levels		
9:30-10:30						
9:45-10:30						Kids BJJ 6-16
10:30-11:30						Adult BJJ All Levels
11:00-12:00		Home School BJJ		Home School BJJ		
11:30-12:30						
12:30-1:30						
4:00-5:00	After School Program	After School Program	After School Program	After School Program	After School Program	
5:00-5:45	Kids BJJ 3 – 6 Year Old	Kids BJJ 6-16 All Levels		Kids BJJ 6-16 All Levels	Kids BJJ 3 – 6 Year Old	
5:45-6:30	Kids BJJ 6 – 16 All Levels	Kids BJJ Grey Belt or Above	Kids Competition Team	Kids BJJ Grey Belt of Above	Kids BJJ 6 – 16 All Levels	
6:30-7:30	No-GI Adult BJJ	Ladies BJJ		Ladies BJJ	No-GI Adult BJJ	
7:30-8:30	Adult BJJ Fundamentals	Open Mat	Adult BJJ Fundamentals	Open Mat	Adult BJJ Fundamentals	
8:30-9:30	Adult BJJ Intermediate		Adult BJJ Intermediate		Adult BJJ Intermediate	